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New Construction | 3BR | 3.1BA | 2-CG | Dockage Available

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Bright Open Floor Plan | Home Generator | 5BR | 5BA | 3-CG | Pool

Walk To Beach, Restaurants & Nightlife | 3BR | 3.1BA | 2-CG
Uninterrupted Ocean Views | 4BR | 4.2BA | 2-CG | Beach Side Cabana

Build Your Dream Home | Gated Guard House Entry

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100 Feet Deep Waterfront | Las Olas Isles | $1,599,000
Walk To Shops, Restaurants & The Beach | 3BR | 3BA | 2-CG

120 Feet Deep Waterfront | Lighthouse Point | $2,950,000

450 Feet Deep Waterfront | Harbor Beach | $23,222,222

Breathtaking Views | Direct Intracoastal | $1,895,000

2-Story Developer Penthouse | Hollywood | $4,500,000

100 Feet Deep Waterfront | Bay Colony | $1,975,000

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120 Feet Deep Waterfront | Lighthouse Point | $2,950,000
Home Office | Elevator | 5BR | 6.2BA | 3-CG | Pool

Breathtaking Views | Direct Intracoastal | $1,895,000
Walk To Beach, Restaurants & Nightlife | 3BR | 3.1BA | 2-CG

100 Feet Deep Waterfront | Bay Colony | $1,975,000
Build Your Dream Home | Gated Guard House Entry

450 Feet Deep Waterfront | Harbor Beach | $23,222,222
Bright Open Floor Plan | Home Generator | 5BR | 5BA | 3-CG | Pool

2-Story Developer Penthouse | Hollywood | $4,500,000
Uninterrupted Ocean Views | 4BR | 4.2BA | 2-CG | Beach Side Cabana

Contemporary Waterfront | Las Olas Isles | $1,195,000
Direct Intracoastal Views |

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COVER/TOC CREDITS

Cover: Author/poet Darius Daughtry
TOC: Lisa Corrao, shot on location at Silverball Museum in Delray Beach
Photography by: Cover and TOC images by Eduardo Schneider

CORRECTION

The grilled lollipop lamb chops from Shooters Waterfront were misidentified in September’s “Let’s Get Small” feature. The lamb chops are marinated in olive oil, fresh parsley and oregano with red wine vinegar, shallots and garlic—and served with mint chimichurri and goat cheese bread crumbs. Lifestyle regrets the error.
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Editor’s Letter

When Lisa Corrao left her job as an educator for the world of stand-up comedy more than a decade ago, it wasn’t with the intention of plying her new trade in the men’s room of a vintage pinball palace.

Truth be told, the former Pompano Beach middle school teacher was the one who suggested performing faux stand-up in the bathroom. It’s part of an original—and, thanks to Corrao, wildly entertaining—photo shoot with Lifestyle at Silverball Museum in Delray Beach for one of the features in an October issue dedicated to the South Florida entertainment and cultural scenes.

It’s also an unintended reminder that creative types have to suffer for their art from time to time. At least Corrao was a willing participant.

That hasn’t been the case for arts organizations around Florida, some of which suffered long and hard during the 2018-19 fiscal year after the state came close to obliterating cultural grants from its budget. The allocation of $2.65 million, a slash of nearly 90 percent from the prior year, dropped Florida to 48th nationally in arts and culture funding.

While the 2019-20 state budget signed in June seems like a return to the glory days for the arts, with some $21 million in grants allocated, looks can be deceiving. The Florida Legislature has been putting the screws to cultural organizations since a high-water funding mark of more than $43 million in 2014-15. For organizations with strong corporate partnerships, loyal supporters and innovative leadership, bonus bucks from the state, while welcome, don’t make or break a budget year. But for smaller cultural entities—where every coin counts—the loss of a state grant can be crippling.

In an era where funding for the arts also has been under siege at the federal level, it’s worth remembering that creative expression isn’t just for our amusement—as much needed as that can be. Its value extends to the classroom, where students exposed to the arts are shown to be more engaged (resulting in better test scores). It extends to business; arts and entertainment throughout the tri-county region not only help to drive the local economy, but our thriving cultural scene is a significant draw for companies looking to move into the area.

It’s even therapeutic. Just ask the service members living in Florida who participate in the NEA Military Healing Arts Network, an initiative led by the National Endowment for the Arts (in partnership with the Departments of Defense and Veterans Affairs). The network’s clinical sites, including two in our state, incorporate creative art therapies to help current and former soldiers dealing with brain injuries and psychological issues.

There are countless examples here in South Florida of why creative talent in all disciplines is worth celebrating—and supporting. We’re proud to showcase a few of them.

Enjoy the issue.

Kevin Kaminski, Group Editor
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FIRST TEE CONNECT EVENT

Where: BMW of Fort Lauderdale
What: BMW hosted The First Tee of Broward’s August Connect event. The First Tee uses the sport of golf as an educational backdrop to impact the lives of young people, those with special needs and veterans of Broward County. The business and social networking events provide a forum for friends of The First Tee to “Connect” with the community.

CORAL SQUARE THEATER EVENT

Where: Coral Springs
What: Paragon Theaters and the Coral Springs Chamber of Commerce hosted a ribbon-cutting at the Paragon Coral Square movie theater, which underwent a multimillion-dollar renovation. Attendees enjoyed appetizers and drinks; guests also were invited to view the new private screening room and try the electric recliners with footrests now in every auditorium.
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Festivities leading up to the 48th annual Seminole Hard Rock Winterfest Boat Parade (Dec. 14)—the “Greatest Show on H20,” with more than 1 million spectators viewing the 12-mile parade route throughout Broward County—kick off this month. Save the dates for the following events:

- Oct. 26: Gray Robinson PA. Winterfest White Party, hosted by Fort Lauderdale Marriott Harbor Beach Resort & Spa.
- Nov. 24: Winterfest Family Fun Day, presented by Joe DiMaggio Children’s Hospital and featuring free giveaways and live entertainment.
- Dec. 7: Seminole Hard Rock Winterfest Black-Tie Ball.
- Dec. 13: Grand Marshal Reception, a private event to honor the 2019 grand marshal—Bret Michaels, rock legend and front man for the band Poison, who also will perform that same night at Hard Rock Live as part of his 2019 Unbroken Tour.

For complete details, visit winterfestparade.com.

NOT MY DAUGHTER FUNDRAISER

The volunteer organization Not My Daughter … Find a Cure Now! celebrates its 10th anniversary of raising awareness (and funds) in the fight against cancer with the annual Shopping Boutique and Luncheon on Monday, Oct. 28. Proceeds from the event, which will be held at the Marriott Coral Springs Hotel, Golf Club & Convention Center (11775 Heron Bay Blvd.), benefit Sylvester Comprehensive Cancer Center and PAP Corps—as well as the recently opened Not My Daughter Healing Center at the Sylvester Center in Plantation.

Expect entertainment from Broadway stars Sarah Litzsinger, Burke Moses and Jacquelyn Piro Donovan; silent and Chinese auctions; raffle prizes; the 40-vendor shopping boutique and much more. Tickets are $100 per person and $125 for VIP tickets (which includes a gift). For tickets and info, visit notmydaughter.org.

18TH ANNUAL SIGNATURE GRAND GHoul

Signature Grand in Davie once again serves as the “spook-tacular” backdrop for the 18th annual Signature Grand Ghoul on Monday, Oct. 28 to benefit 2-1-1 Broward. Expect the 100,000-square-foot ballroom space to be transformed into a haunted mansion for a celebration that consistently ranks as one of the more popular social events of the season.

Former Miami Dolphins wideout O.J. McDuffie and Seth Levit, executive director of The Jason Taylor Foundation, will serve as the evening’s emcees. In addition to an open bar and gourmet buffet, the event features music by High Voltage Entertainment and a silent auction with high-end offerings and exciting experiences. Guests will be able to mix and mingle with NFL alumni and local celebrities.

One of the evening’s highlights is the annual costume contest; judges will select attendees throughout the evening, based on their creativity, “fear factor” and originality of their costumes. Finalists will be brought to the stage for an overall crowd vote. Prizes will be awarded to first, second and third place.

All proceeds raised benefit 2-1-1 Broward, which provides 24-hour comprehensive helpline and support services to individuals and families in the community seeking crisis intervention assistance and/or information and connections to health and human services in Broward County.

Regular tickets are $100 per person and $150 for two. Active Club 2-1-1 member tickets are $75 per person. VIP tickets (which include access to the VIP bar, entertainment, specialty drinks and other surprises) are $125 per person. To register, visit 211-broward.org.
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WHEN: Through Feb. 9
WHERE: HistoryMiami Museum, 101 W. Flagler St., Miami
WHAT: Ahead of hosting the Super Bowl in 2022, Miami welcomes a traveling exhibit that has been in every Super Bowl city since 2012. It features more than 200 artifacts, documents, photographs and footage, such as the 7-pound Vince Lombardi Trophy. For local fans, the “Hometown Heroes” section spotlights the Miami Dolphins.
INFO: historymiami.org

“MILIEU”
WHEN: Oct. 4-27
WHERE: Arts Garage, 94 NE Second Ave., Delray Beach
WHAT: The exhibit features the work of Katerina Slinkina and Rick Baer. Educated in Milan’s Instituto Marangoni, former fashion designer Slinkina combines photography and painting to create abstract works that blur the line between the real and the imaginary. Baer’s photographs feature different filters to reveal the essence of an object.
INFO: artsgarage.org

THE MERSEY BEATLES
WHEN: Oct. 5, 8 p.m.
WHERE: Mizner Park Cultural Center, 201 Plaza Real, Boca Raton
WHAT: The tribute band, which has celebrated the Fab Four for 20 years, celebrates the 50th anniversary of “Abbey Road,” with a special appearance by John Lennon’s sister, Julia Baird.
INFO: miznerparkculturalcenter.com

“LES MISÉRABLES”
WHEN: Oct. 8-20
WHERE: Broward Center, 201 SW Fifth Ave., Fort Lauderdale
WHAT: Victor Hugo’s epic, set during the French Revolution, touches on themes of love, sacrifice and dreams in one of the most popular musicals of all time. The new Broadway production features favorites such as “I Dreamed a Dream,” “On My Own” and “Bring Him Home,” telling the story of the redemption of Jean Valjean and how it touches those he loves.
INFO: browardcenter.org

ANNUAL ART COMPETITION
WHEN: Oct. 11-Nov. 6; opening reception, Oct. 11, 7 p.m.
WHERE: Studio 18 in the Pines, 1101 Poinciana Drive, Pembroke Pines
WHAT: View work from local artists competing in eight categories, including best digital art, drawing, photograph, sculpture, painting and watercolor at the 15th annual event.
INFO: ppines.com/studio18

ANGELS FOR ANGELS CHARITY GALA
WHEN: Oct. 12, 7-11 p.m.
WHERE: St. Andrews Country Club, 17357 Clapide Oval W., Boca Raton
WHAT: The second annual gala benefits the Foundation for Angelman Syndrome Therapeutics, which seeks to find a cure for the disease. Attendees enjoy dinner, silent auction and a paddle raise.
INFO: cureangelman.org/angelsforangels

BREW HAA
WHEN: Oct. 18, 7-10 p.m.
WHERE: Coral Springs Museum of Art, 2855 Coral Springs Drive, Coral Springs
WHAT: The fundraiser features beer from Funky Buddha Brewery, wine, silent auctions. Admission includes food and a free beer stein.
INFO: coralspringsmuseum.org

BOCA RATON PUMPKIN PATCH FESTIVAL
WHEN: Oct. 19-20
WHERE: Mizner Park Amphitheater, 590 Plaza Real, Boca Raton
WHAT: Just in time for the season of all things pumpkin spice comes this festival, complete with carnival rides, a scarecrow village, pumpkin decorating, cornstalk maze and more. Plus, pumpkin lovers indulge in a pumpkin food court, beer bars and, of course, a pumpkin patch.
INFO: bocapumpkinpatch.com

DEERFIELD BEACH FALL FESTIVAL
WHEN: Oct. 19, 4-8:30 p.m.
WHERE: Pioneer Park, 217 NE Fifth Ave., Deerfield Beach
WHAT: The family-fun event features fall activities such as pumpkin picking and hayrides. Plus, there’s photo zones, arts and crafts, bounce houses, face painting, live entertainment and food and drinks.
INFO: deerfield-beach.com
**South Florida Pride Wind Ensemble**
**When:** Oct. 19, 7 p.m.
**Where:** Broward Center
**What:** Miss Coco Peru hosts the ensemble’s “(Re)volution,” which commemorates the 50th anniversary of the Stonewall Riots with two new commissioned pieces and other works that tell the story of the LGBTQ movement.
**Info:** browardcenter.org

**Broadway Live!**
**When:** Oct. 21, 7:15 p.m.
**Where:** Pompano Beach Cultural Center, 50 W. Atlantic Blvd., Pompano Beach
**What:** Performances of Broadway hits and favorites benefit Insight for the Blind, which promotes literacy in the blind and visually impaired community.
**Info:** ccpompano.org

**Post Malone**
**When:** Oct. 21, 8 p.m.
**Where:** BB&T Center, 1 Panther Parkway, Sunrise
**What:** The tattooed rapper and songwriter’s blend of genres has led to No. 1 hits and triple platinum albums “Stoney” and “beerbongs & bentleys.” On his Runaway Tour, he and special guest Swae Lee are sure to perform their smash hit and earworm, “Sunflower.”
**Info:** thehtbtcenter.com

**U.S. Air Force Concert Band**
**When:** Oct. 22, 7:30 p.m.
**Where:** Bailey Hall, 3501 Davie Road, Davie
**What:** The Washington, D.C.-based symphonic wind ensemble joins the Singing Sergeants, the official chorus of the U.S. Air Force, in a repertoire that includes medleys of opera and Broadway classics and patriotic music to honor veterans.
**Info:** baileyhall.org

**Rumours of Fleetwood Mac**
**When:** Oct. 24, 7:30 p.m.
**Where:** Coral Springs Center for the Arts
**What:** The Fleetwood Mac tribute band—endorsed by Mick Fleetwood himself—presents a new show that celebrates the band’s 50 years, with a special tribute to the band’s Peter Green era.
**Info:** thecenters.com

**The Wedding Singer**
**When:** Oct. 25-Nov. 10
**Where:** Susan B. Katz Theater of the Performing Arts, 17195 Sheridan St., Pembroke Pines
**What:** The musical comedy is based on the popular 1998 romantic-comedy movie starring Adam Sandler and Drew Barrymore.
**Info:** pptopa.com

**Spirits of Stranahan House Halloween Ghost Tours**
**When:** Oct. 25 & 31 & Nov. 1, 7 p.m.
**Where:** Historic Stranahan House Museum, 335 S.E. Sixth Ave., Fort Lauderdale
**What:** Victorian mourners guide this annual tour of the spirits and secrets of Fort Lauderdale’s oldest home.
**Info:** stranahanhouse.org

**Marino 5**
**When:** Oct. 25, 8 p.m.
**Where:** Hard Rock Live, 1 Seminole Way, Hollywood
**What:** One of pop’s biggest groups perform their multiple Top 10 and Top 40 hits at the opening of Hard Rock Live, the new 225,000-square-foot facility at the Seminole Hard Rock Hollywood.
**Info:** myhrl.com

**Tradewinds Park Fall Festival**
**When:** Oct. 26, 10 a.m.-4 p.m.
**Where:** Tradewinds Park, 3600 W. Sample Road, Coconut Creek
**What:** Fall activities, such as hayrides, steam-train rides, pony rides, face painting, bounce houses and arts and crafts, offer fun for the whole family. Entertainment and food trucks keep the party hopping along with farm and barn tours and experiences with farm animals.
**Info:** browardcenter.org/parks

**Art in the Park**
**When:** Oct. 26-27; 9 a.m.-5 p.m., Oct. 26; 10 a.m.-4 p.m., Oct. 27
**Where:** Liberty Tree Park, 7421 NW Fifth St., Plantation
**What:** The 53rd annual event, hosted by the Plantation Junior Woman’s Club, invites families to enjoy live music, food vendors, craft beer and wine, a kids’ corner and more family fun—all accompanying a juried fine arts and craft show. The free fundraiser raises money for local organizations.
**Info:** pjwcfl.org

**Lynn Philharmonia No. 2**
**When:** Oct. 26-27
**Where:** Wold Performing Arts Center, 3601 N. Military Trail, Boca Raton
**What:** Guillermo Figueroa leads the philharmonia in Rachmaninoff’s “Piano Concerto No. 3” and Berlioz’s “Symphonie Fantastique.”
**Info:** lynn.edu/events

**“Speakeasy” Gala**
**When:** Oct. 26, 6 p.m.
**Where:** Museum of Discovery and Science, 401 SW Second St., Fort Lauderdale
**What:** The black-tie affair benefits the museum’s programs and community outreach with cocktails, live and silent auctions, dinner and dancing.
**Info:** browardcenter.org

**Miami City Ballet**
**When:** Oct. 26, 7:30 p.m.; Oct. 27, 2 p.m.
**Where:** Broward Center
**What:** The company’s season opener features Balanchine’s “Stravinsky Violin Concerto”; “Mercuric Tidings” with choreography by the late Paul Taylor and music by Schubert; and Balanchine’s “Slaughter on Tenth Avenue,” set in a 1930s speakeasy to the music of Richard Rodgers.
**Info:** browardcenter.org

**“Happy!”**
**When:** Oct. 27-July 5
**Where:** NSU Art Museum, One E. Las Olas Blvd., Fort Lauderdale
**What:** Contemporary works by artists such as Tracey Emin, Kenny Scharf and Andy Warhol engage emotions through archetypal symbols, cartoon characters, music and dance, portraying the sorrow and happiness of the human condition.
**Info:** nsuartmuseum.org

**Boca Raton Fine Art Show**
**When:** Nov. 2-3, 10 a.m.-5 p.m.
**Where:** Mizner Park Amphitheater
**What:** The 12th biannual show presents more than 100 professional artists in the juried fine art and craft show as well as work available for sale.
**Info:** myboca.us
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FILLING IN THE PICTURE
Under its new executive director, ArtServe looks to shape more than just the cultural landscape in Broward County

By Sally-Ann O’Dowd / Photography by Eduardo Schneider
Craig Johnson might be new to Fort Lauderdale, but the executive director of ArtServe already is serving as a gracious host to the city’s cultural community.

“ArtServe has had a remarkable history,” says Johnson, who joined the storied nonprofit this spring. “Now we’re building upon that legacy to reposition the organization as a creative laboratory.”

Founded 30 years ago as one of six arts incubators in the country, ArtServe is well-regarded for supporting cultural talent—from exhibitions where artists can sell their work to the Entrepreneurial Institute that teaches creatives how to write business plans.

As Johnson notes, the organization’s ongoing mission is intrinsically tied to the Greater Fort Lauderdale area in more ways than one. Though the region is experiencing unprecedented investment in the hospitality sector and significant urban development, such growth comes with the kind of societal and environmental issues that give artists opportunities to raise awareness.

“ArtServe is a space where we can bring together artists and community stakeholders to bring big ideas to Broward County’s biggest challenges, as a tool for change,” says Johnson, who founded and ran Central Florida’s Center for Contemporary Dance for 17 years.

“For too long, especially in Western culture, the arts have been ignored as a supercharger for that kind of change. It’s time to look at the arts beyond aesthetics.”

To that end, Johnson believes in the power of crowdsourcing. This summer, he launched The Changemaker’s Circle as a cornerstone of the laboratory concept. It comprises a volunteer group of visual artists, writers, researchers and teachers who are identifying high-priority needs across the county.

“This is not something that I’m inventing; I’m basically pitching the idea,” Johnson says. “It’s going to be up to the artists, the community stakeholders and the business leaders to shape how the creative laboratory will evolve. It’s really about giving ownership back to the community.”

Plans being discussed include a mural, recycling and gardening project to teach children about environmental stewardship; a program that fosters high-level creative thinking by asking kids to interpret colors in dance and music; and a mural project to help homeless adults develop project-management and other job skills.

Johnson and the ArtServe team kicked off fundraising efforts at an August soirée, during which they also unveiled the 2019-2020 season under the direction of curator Sophie Bonet. Shows will explore the African Diaspora, the 100th anniversary of women’s suffrage, climate change and sustainability, and social and cultural identity. Each one will feature a mix of painting, dance, music, poetry, video, theater and performance art.

New this year are residency programs, for which the nonprofit also is seeking funding.

“These are artists who already have a history and legacy of doing great and profound things, and who align with ArtServe’s new direction,” Johnson says. Darius Daughtry—a local African American poet and social activist (who’s featured in this issue)—is one of the four artists the nonprofit is bringing into its space.

“We believe in what they do,” Johnson says. “And they’re going to further exemplify and make the statement that this is our brand.”
DEERFIELD BEACH, IT’S GOOD TO BE HOME.

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Private Penthouse Residence 2302 | 3-BR, 3.5-BA | $10,500,000
Web# F10081960
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**BY EVELYN SUAREZ**

**FLEURS DE PRAIRIE COTES DE PROVENCE ROSÉ:** $18.99, available nationwide

**TOPPU TRAY:** $69, infavorof.com

**ARHER ROOSE RED SPRITZ:** $11 for a 4-pack, convivewines.com, Total Wine

**LEATHER ICE BUCKET:** $450, infavorof.com

**RADIUS ZONE MOSQUITO REPELLENT-GEN 2.0:** $49.99, amazon.com

**YETI RAMBLER BOTTLE WITH HOTSHOT CAP:** $29.99, yeti.com
October Pick:

- **Wacky Mug:** $49 each, infavorof.com
- **TEA FORTE JARDIN GIFT SET WITH GIFT BOX:** $40, teaforte.com
- **Tea Forté Jardin Gift Set with Gift Box:** $40, teaforte.com
- **Elixir Bottles:** $48 each, infavorof.com
- **GODIVA Goldmark Assorted Chocolates Gift Box (11 Pieces):** $9.99, Walgreens and CVS
- **Yeti Rambler Mug:** $29.99, yeti.com

The Peloton X OT Pink Ombre Kitchen Sink Tote is part of The Peloton BCA Capsule Collection, which is inspired by a woman’s strength and perseverance—and the shared desire to end breast cancer. Available starting Oct. 1 at apparel.onepeloton.com. $149 with 10 percent of the purchase price going to Breast Cancer Research Foundation during the month of October.
<table>
<thead>
<tr>
<th>CAPPIE AWARDS</th>
<th>More than 50 nationalities are represented in our student body</th>
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<tbody>
<tr>
<td>Upper School production, <em>Curtains</em>, took home 22 Cappie nominations and 6 Cappie Awards</td>
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<tr>
<th>DIVERSITY</th>
<th>Located on the campus of NSU, a leading research university, affording students access to college-level resources</th>
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<tr>
<th>COLLEGE RESOURCES</th>
<th>FELLOWSHIPS &amp; INTERNSHIPS</th>
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<tr>
<td>Students participate in experiential learning opportunities in the fields of law, osteopathic medicine, writing &amp; communications, video production, technology, and more</td>
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<tr>
<th>#1 ROBOTICS TEAM</th>
<th>AWARD-WINNING SCHOLASTIC ART AND WRITING</th>
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<tr>
<td>Qualified to compete at the World level for 6 consecutive years and is #1 in Florida for Design &amp; Programming</td>
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<tr>
<td>Students have won over 70 awards for their outstanding art and writing</td>
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<tr>
<th>TOP ATHLETES</th>
<th>QUALIFIED EDUCATORS</th>
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<tr>
<td>20 students signed national letters of intent on Signing Day committing to colleges such as Duke, Loyola, and University of Georgia</td>
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<tr>
<td>A majority of our educators are state certified, hold Masters and Doctorate degrees, and are leaders in their field</td>
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<tr>
<th>COLLEGE ACCEPTANCES</th>
<th>TOP SPEECH &amp; DEBATE PROGRAM</th>
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<tr>
<td>100% of our graduating seniors are accepted to the nation’s top colleges and universities</td>
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<td>The Speech &amp; Debate Program is ranked in the Top 1% nationally</td>
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<tr>
<th>STUDENTS WHO SHINE</th>
<th>ATHLETIC SUCCESS</th>
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<tr>
<td>Lower School students won 1st place in the central division of the Broward County Council of Teachers of Mathematics (BCCTM) competition</td>
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<tr>
<td>Varsity Boys Basketball and Varsity Swimmers won state championship titles, Varsity Football won regionals, and Varsity Boys Soccer and Varsity Girls Basketball won districts</td>
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1111 SE 9 Ave - Rio Vista (1st Qtr 2020) • $1,950,000
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851 SE 11th Court - Rio Vista (1st Qtr 2020) • $2,095,000
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2000 Harbourview Drive – Harbour Inlet (Summer 2021) • $2,295,000
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Memorial Breast Cancer Center Provides Comprehensive Cancer Care

As someone with a family history of breast cancer, and as Vice Chair of the South Broward Hospital District Board of Commissioners, I am always busy in October – National Breast Cancer Awareness Month – helping to spread the word about breast cancer and the importance of breast self-awareness and getting screened.

When it comes to breast cancer, however, every month of the year is important. We should all be vigilant about detecting, diagnosing and treating breast cancer as effectively as possible – all year round.

This year, more than 300,000 women – one in eight in the US – will be diagnosed with breast cancer, and nearly 3,000 men will, too. The good news for all of us in South Florida is that Memorial Healthcare System and Memorial Cancer Institute offer the kinds of comprehensive services that make early detection of breast cancer easier.

Memorial Breast Cancer Center is one of the few freestanding facilities in the United States devoted exclusively to breast cancer, and offers patients all the services they need under one roof, from diagnosis to survivorship. This approach, and the full range of rehabilitation and supportive care that Memorial provides, all work together to help patients be stronger against breast cancer.

Our leading-edge mammography technology and our “one-stop shop,” 3D Stereotactic Tomosynthesis Breast Biopsy System mean that patients no longer need to schedule follow-ups and wait days for results. Our specialized team of radiologists is highly experienced in reading mammograms, and only mammograms. Our outstanding team of medical and surgical oncologists can help identify the best treatment options going forward. And our Office of Human Research offers opportunities to participate in potentially groundbreaking study for possible new interventions and care.

And it’s all here in South Florida. Thanks to the resources of Memorial Healthcare System, you don’t need to go anywhere else to access outstanding breast cancer diagnostic, treatment and survivorship service. It’s in our own backyard.

By Laura Raybin Miller
Vice Chair, South Broward Hospital District d.b.a.
Memorial Healthcare System

For more information on Memorial Breast Cancer Center, call 954-265-HEAL (4325) or to schedule a mammogram visit MHS.net/Mammogram.
A HOW-TO GUIDE TO FIND YOUR PASSION

Oprah has a great quote, “Follow your passion; it will lead to your purpose.”

But what if you aren’t one of those people who have always known what they wanted to be when they grow up? Or what if you are, and you’ve since changed your mind?

Societally, we place a lot of emphasis on cultivating passion, and using this abundant kinetic energy as fuel to create prosperity in our own lives and in the world. No disrespect to the almighty Oprah here…but we need to go back a step to equip ourselves with ways to find our passions so that we too can live long and prosper, Spock hand signal and all.

Open your mind

It can be trying to feel like you’ve been searching for your passion and coming up short. Do your best to remain open-minded that your thing is still out there! You can’t expect to find fulfillment if you’ve convinced yourself that it doesn’t exist. Stay open and remain optimistic so that you can manifest opportunities that excite you. Take on the perspective that actually, you can do what you love with your life – no matter your age, your current profession, or any other possible perceived roadblocks. They’re just perceptions, and you have the power to reframe them.

Pause, Reflect, Distill the Feeling

Allow yourself three minutes a day to think about moments or memories that gave you pure bliss. Was it a beach vacation with your children? Achieving a flow state during a task at work? A favorite summer job teaching abroad as a college student?

Reflect on the good times, and let them wash over you. Make like a detective, and try to distill down the key ingredients of the peak moments in your life. Were you happiest when you were serving as a leader in your community? Teaching something of value? Providing an important unique service? Often, your passions speak to more about how you are feeling when you are doing something, versus the something itself.

Go with it! Embrace the New

So now that you’ve open your mind, reflected on your favorite moments and extracted the key elements that brought about your positive feelings in the moments…go with it! How can you get creative to seek out opportunities to expand the good vibes you felt when you peered into in your past? If you loved serving as a leader in your community, consider joining a board or starting up a new culture initiative in the office. If you pinpointed joy in giving back to others, sign up for a fundraiser for a non-profit that resonates with you. Be playful and inventive, and spend your time wisely. Cultivating your passions can start as a minimal time investment so long as you are tapping into how you’re feeling and continuously checking in with yourself. This may make you realize that things you used to enjoy have become stale, and that’s okay too! If you navigate it all with grace, and like Oprah says, simply follow along, you’ll be smiling when you see your passion is what’s in fashion.
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7 Bedrooms 5 and a half Baths | 6292 square feet | 97 feet on the water
Sold for $5,150,000 | www.2317DelmarPlace.com
Spectacular Custom Built Home! First time on the market. Experience luxury at its finest in this British West Indies style Las Olas home. Tropical curb appeal greets you at the door, as you enter this beautiful home you will notice its warm feel. There are high ceilings with amazing details. There is a private office and study off the foyer. The living room, dining area, gourmet kitchen and pantry, are perfect for family and entertaining. All with wide views of the pool area and the waterfront. Enjoy having a drink or glass of wine in the cozy wine bar, featuring exotic doors from India to let you know you are in for a something special. The Master Bedroom is downstairs and has a gas fire place, and a crows nest with changing mood lighting. 100 feet deep water! Pool and spa.

FOR SALE
2740 NE 17 Street Fort Lauderdale FL 33305
5 Bed 5 and a half Baths | 6116 square feet | 100 feet on the water
Asking $3,375,000 | www.2740NE17Street.com
Completely updated, this magnificent waterfront home exemplifies Florida living at its best. The home boasts Pedini Italian Kitchen Cabinets and Miele appliances, two Sub Zero Glass Front Refrigerators, Quartz Countertops, Stainless Steel Island, and built in bar area. The exquisite Master Suite is on the first floor. Formal dining and eat in kitchen are perfect for entertaining. Lush landscaping completes the tropical environment both in front of the house and on the pool patio and waterfront area. The property has 100 feet of waterfront with no fixed bridges. The home also has all impact windows and a gas generator. Superior Coral Ridge location!

FOR SALE
3240 SW 117 Avenue Davie FL 33330
4 Beds 4 and a half Baths | 6206 square feet | Lot size is an acre and a third.
Asking $1,400,000 | www.3240sw117ave.com
This property feels like home. You will enjoy this spacious Tuscan inspired family estate, perfect for luxurious living and entertaining. The home boasts four bedrooms and four and a half baths, and a two car garage. Drive through the private gates onto the circular drive around the fountain. The living room has a beautiful wood burning fireplace, which creates an amazing mood. There is an entertainment room with a bar and pool table. A large gourmet eat in kitchen, overlooking the inviting pool. The master has a huge walk in closet, and a separate patio facing the pool. The property has plenty of closet space. Three guest bedrooms upstairs. A private office. All impact windows. Stainless appliances. Large lot, almost one and a half acres. This is a special house.

If you’re looking for that special luxury waterfront home, or would like an evaluation of your current residence, please contact:

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We offer full service moving, move labor (moving items around in the same building, loading or unloading a POD, etc), packing, and unpacking. As for the junk removal side of the business, we can remove a single item up to full warehouses, homes and garages. The only things that we cannot take are paint, hazardous materials, liquids or manure (you would be surprised how many calls we get for that). Last year alone we donated, recycled or up-cycled over 600 tons of materials that were discarded as “junk”. We even take last minute add ons!

The largest moving job that we ever did was moving an entire hi-rise condo building at once and the smallest was a single item. The largest junk removal job was over 100,000 lbs of building material and the smallest was a bag of garbage. This shows the wide range of our capabilities.

We are licensed and insured. We carry enough insurance to walk into any building in South Florida with no problem. All of our employees are our employees; we do not use subcontracted labor and all of our crew are covered by our workers compensation insurance. We are able to do commercial and residential jobs for both sides of the business. Last year we did over 2,500 junk and move jobs and we are pacing to be ahead of that this year. We have even worked behind security at our local airports.

We are certainly not the biggest, but we are the best. We carry either a 4.8 or 4.9 on Google with over 400 reviews. We are a vendor that you can count on!

Remember: MOVE or JUNK, CALL the HUNKS!

BLUE LIGHT EXPOSURE FROM DIGITAL DEVICES

The vast majority of Americans spend several hours per day on digital devices including computers, tablets and smartphones. Blue Light, known as High Energy Visible, or HEV Light, is emitted from these digital devices and fluorescent bulbs. This exposure to Blue Light is cumulative over your life and is a risk factor contributing to frequency and severity of macular degeneration, the nation’s leading cause of severe vision loss and legal blindness in adults. Researchers are concerned by the increased prevalence and earlier onset of macular degeneration in people utilizing digital devices on a frequent basis.

Additionally, Blue Light is emitted from the sun, including when it is cloudy or rainy. The extent of Blue Light exposure increases considerably in southern states. Even when light comes through the car’s windshield and windows, harmful effects of Blue Light persist.

While the development of macular degeneration always remains a serious concern, Blue Light even more commonly is the instigator in Digital Eye Strain which is characterized by eye fatigue, blurred vision, red and/or dry eyes, general eye discomfort, and decreased productivity. Sometimes headaches can also be present. As expected, the risk of Digital Eye Strain increases with lengthier use of digital devices.

While avoiding the emission of Blue Light from the sun and digital devices is not feasible, there now exists a new wave of ophthalmic lenses, which dramatically minimize or eliminate Digital Eye Strain. Very disappointing, the vast majority of optical labs and online vendors utilize an ineffective lens coating, claiming “protection,” while only blocking 2-10%. Even the best screen protectors are similarly disappointing with minimal protection afforded. In reality, stellar quality blue blocker lenses are available, but the blue blocker must be embedded within the ophthalmic lens so as to protect from harmful Blue Light while concurrently allowing beneficial light to pass through. Our practice specializes in maximizing Blue Light protection for our patient’s glasses.
LIFE IS TOO SHORT... TO FEEL LIKE *@#!

Are you so tired at the end of your workday that you just want to sink into the couch and be done? You're getting older. You've lost muscle tone and some pep in your step, and your sex life isn't what it used to be. Low testosterone can lead to increased body fat and affect your energy level, mood, libido, sleep, muscle and bone mass, among other factors. Many times, optimizing hormones can increase energy for both men and women. For many people, hormone optimization can lead to a nice delicious sleep ~ waking feeling more rested and ready to face the day! A simple blood test can prove that it isn't your brain ~ you just are simply not producing as much testosterone as you did a few years back.

Testosterone affects energy levels in both men and women. Testosterone levels can begin to decline in women as early as in their late twenties and men’s testosterone can start to decline in their early thirties.

So why use Bio-Identical Hormones? Because they allow your body to feel and function as it did maybe 10-15 years ago. Restoring your youthful hormone balance is paramount to feeling and looking your best.

Research has shown that optimizing your hormones with Bio-Identical Hormone pellet therapy is protective to the heart, bones, breasts, brain and relationships!

Hormone replacement therapy has been getting a lot of attention lately. Many practitioners go to a week-end course and add BHRT to their practice – without the in-depth knowledge and passion that of hormone expert Carolyn Zaumeyer.

At LowTE Florida® we provide individualized treatment based on your biochemistry and your medical history using the proven BioTE® method – grounded in science, not guesswork. For more information, go to: LowTEFlorida.com or call 954-791-4498.

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Everyone knows there are cruises to the Caribbean, Hawaii and Alaska, but would you like to do something more creative or adventurous? There are wonderful places in the world to visit, from the Galapagos to the Great Barrier Reef in Australia. Sail to the ends of the earth, Arctic or Antarctica, or cruise 900 miles up the Amazon River to Manaus, Brazil—perhaps on the same vacation where you attend Carnival in Rio.

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INVISALIGN - THE CLEAR WAY TO STRAIGHT TEETH

Everyone dreams of having a straight, beautiful smile. Unfortunately, many people suffer from having malaligned or crooked teeth. The embarrassment of having to hide your smile not only impacts your self-esteem and dental health but can also change how others interact with you. Thankfully, there is a more subtle way to straighten your teeth: Invisalign. Here are the advantages of Invisalign:

Practically Invisible - The appearance of metal braces is typically what stops people from seeking help with their crooked teeth. Professionals and those who are in careers that require a particular dress-code may feel as though their braces will not quite put out the vibe they want. And while looking younger isn’t always a bad thing, the benefits of the Invisalign system is that it is practically invisible.

No Surprises - With Invisalign, you know what you are getting from the very start. Everything is computerized, planned with you in mind. The virtual computerized outcomes provided by the 1500 DENTAL Team can not only help you see in real time how long your treatment will take but will also allow you to see the end from the beginning and just how impressive your new smile will be.

Removable - Traditional metal braces are bonded directly to your teeth and for some it is fortunate they cannot be removed. However, others consider this a disadvantage in that they cannot be removed to eat, sleep, or brush teeth. If you wish to eat something that would be difficult with braces, simply remove the aligners yourself and put them back on when you are done eating.

Dr. Forrest is the Clinical Director of 1500 DENTAL. For more than 15 years, Dr. Forrest has been one of Florida’s leading dentists treating some of the most challenging cases. Using a multi-specialist approach, his team is comprised of five advanced trained dentists who focus on general, cosmetic, orthodontic, and implant dentistry.

SELLING REAL ESTATE IN A HURRICANE

We know major storms come, so how should realtors and practitioners prepare? According to the National Hurricane Center, Florida’s hurricane season runs from June 1st to November 30th.

Lender/Mortgage Considerations. Lenders may elect to re-appraise a property for storm damage and can charge their borrowers for revaluing the property (i.e. the collateral). Interest rate locks may expire during a storm and cost more money to extend.

Property Insurance Considerations. As a precondition to loaning money to buy property, lenders require borrowers purchase property insurance with 100% Replacement Cost Value (RCV). Watch out for the accompanying “Law and Ordinance” endorsement which either includes or excludes costs regulating the construction, use, or repair of any property or requiring demolition and debris removal. Be diligent, when a storm is imminent, insurers impose a binding moratorium and will not write new insurance policies, making it impossible to get a loan. Have the insurance agent “bind” coverage ASAP but postpone the effective date until closing.

Flood Insurance Considerations. Flood Insurance is separate from property insurance, even if hurricane winds and rain caused the flood to occur. The term “flood” includes, “The unusual and rapid accumulation or runoff of surface waters from any source.” Properties in high-risk flood areas with mortgages from federally regulated or insured lenders must have flood insurance (no waiting period). But if there is no lender at all (e.g. cash buyer) or the lender is a Non-FDIC insured lender (e.g. private) and flood insurance is requested, then prepare for NFIP’s (National Flood Insurance Program) mandatory 30 day waiting period. As a work around, a buyer can find a private flood insurance company or have the seller transfer their existing flood insurance to the buyer.

FTIC is a national award winning title insurance company known for its white glove customer service and “No Junk Fee Guarantee.”
WHEN TO SEEK COUPLES COUNSELING?

Let’s face it, life is busy. It’s tough to juggle various roles and responsibilities, while keeping your relationship top priority. During periods of high stress or major life transitions such as having a child or taking care of an elderly parent, it’s even harder.

If you neglect your relationship, you’ll start to lose sight of previously shared goals, dreams, and aspirations. It may feel like your relationship changed overnight, but it takes days, weeks, and years to become disconnected.

Relationships aren’t easy. Every relationship goes through ups and downs throughout the course of life. However, couples often wait years before seeking counseling and sometimes it’s too little, too late. Delaying counseling leads to unnecessary stress, emotional turmoil, and could be the slow demise of your relationship.

Maybe you’ve considered couples counseling, but you’re hoping things will resolve on their own or perhaps it doesn’t feel like it’s the right time. Your relationship is valuable, it’s time you made it a priority.

Therapy gives you the tools to communicate more effectively, connect more deeply, and work together toward a more fulfilling relationship.

Healthy relationships and happy marriages are the backbone of every family. Having a strong, vibrant relationship is greatly beneficial. Not only does it improve your physical and mental health, it also teaches children about the kind of relationship they want to have in the future.

You chose your partner for a reason and have invested a lot into your relationship, your family, and your lives together. You deserve to feel happier in life and more fulfilled in your relationship! It’s totally possible to get there. Let us help!

Dr. Kate Campbell, LMFT (founder) and her team of caring and dedicated clinicians at Bayview Therapy specialize in counseling for individuals and couples. Call for your complimentary consultation!
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On a vibrant, expansive campus that currently houses nearly 1,860 students in junior kindergarten through grade 12, NSU University School students enjoy a challenging academic curriculum with a wide range of choices, numerous visual and performing arts options, and a robust athletic program. This past year, the Robotics Team was named number one in Florida for design and programming, the speech and debate team ranked in the top 1 percent in the nation, Varsity Boys Basketball won the 5A State Title, Varsity Football won regionals, and Varsity Boys Soccer and Varsity Girls Basketball won districts. In addition, our Upper School musical received 22 Cappie nominations and 6 awards and students received more than 100 awards in the most prestigious awards program for teen artists, the Scholastic Art Competition.

Starting as early as junior kindergarten, NSU University School sets a foundation for success and a love for learning in a child-centered environment. Active learning, personalized instruction and skilled teachers (75 percent of whom have advanced degrees) are the hallmarks of NSU University School’s early childhood program and set it apart from other schools. While there are many resources available to students who attend NSU University School, its location on the campus of Nova Southeastern University (NSU) provides a unique strategic advantage. Our connection to NSU offers students unmatched opportunities and the ability to work collaboratively with world-class NSU scientists, researchers, and distinguished professors. Many of our students also use NSU facilities to further their research and interest in a particular field. For example, students can conduct cutting-edge marine science research at NSU’s Guy Harvey Oceanographic Center or work with leading medical researchers at the Center for Collaborative Research, one of the largest and most advanced research facilities in the state of Florida. They can also work alongside medical students at the Kiran C. Patel College of Osteopathic Medicine or study with law professors through our Shepard Broad College of Law Fellowship Program. The opportunities for students to learn, grow, and succeed academically, socially and personally at NSU University School are endless. For more information or to tour our school, call 954.262.4506.

The years I spent at NSU University School were the best! The lessons I learned from my teachers were inspiring, and the connections I made being on a college campus were and continue to be invaluable.”
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There’s more than ghoulish fun and pumpkin patches on tap in October

BY ROBIN HODES

There’s more than ghoulish fun and pumpkin patches on tap in October

BY ROBIN HODES

Spirited Celebrations

Kids aren’t the only ones awaiting Halloween. Get into the spirit with some over-21 fun, a ghostly adventure and an annual fundraiser:

• OCT. 23: The Weed Reaper Experiment Brewery & Taphouse, Pompano Beach. “Friends” trivia, Halloween episodes from all 10 seasons, starting at 7:30 p.m.—perfect for those who know everything about “the one where …”. Reservations required, costumes encouraged.

• OCT. 25: Halloween at The Biltmore Hotel, Coral Gables. Open bar, buffet dinner and costume contest hosted by a celebrity panel of judges; discounted hotel rooms available with ticket purchase (tickets must be purchased in advance; $150 a person, $135 for members, through Oct. 18; $165 a person, $150 for members, after Oct. 18).

• OCT. 25, OCT. 31 AND NOV. 1: Spirits of Stranahan House, Historic Stranahan House Museum, Fort Lauderdale. Let “Victorian mourners” introduce you to the dearly—but not really—departed who call the Historic Stranahan House and other parts of South Florida home. Visit the graveyard and meet the Graveyard Keeper. Tours begin at 7 p.m. Tickets are $25 a person, and reservations are required.

• OCT. 28: 18th annual Signature Grand Ghoul. This fundraiser at Signature Grand in Davie, always one of the highlights of social season, benefits 2-1-1 Broward. Former Dolphins wideout O.J. McDuffie and Seth Levit, executive director of the Jason Taylor Foundation, will emcee. Expect plenty of entertainment, a silent auction and a costume contest.

Halloween at the Biltmore; Image courtesy of Paul Perdomo Photography
Let There Be Light

The stars are artistically aligned at the Boca Raton Museum of Art (bocamuseum.org) through Jan. 19 for the exhibition “Carol Prusa: Dark Light.” The internationally renowned and award-winning artist, also a Boca resident and Florida Atlantic University professor, invites viewers to honor early female astronomers and explore the mysteries of deep space. Prusa employs the silverpoint technique, which she learned while teaching in Florence. This ancient method, used by artists and scribes for centuries, incorporates a unique stylus where silver (in lieu of lead) is inserted into a pencil-like wooden rod. Lifestyle spoke to the woman who legendary photographer Bruce Weber calls “one of the most innovative artists working in metalpoint today.”

What aspect of cosmology most fascinates you?
Raised on the creation myth, the big bang theory introduced to me in sixth grade opened my mind to new ways of thinking about our world. Since then, I have been intrigued by the thinkers who put out big ideas as comprehensively as possible.

What do you hope people’s takeaway will be after viewing “Dark Light”?
I seek to communicate what cannot be seen but felt, the vibrations that are part of us all, including echoes from billions of years ago. I hope viewers will pause to consider how amazing it is to be alive and that we are all interconnected, extending into the vastness of the cosmos. And, I hope they learn more about the amazing women named in my work and their contributions to our understanding of the universe and our place in it.
Look What Sprouted Up

One of the fastest-growing retailers in the country, Sprouts Farmers Market, recently added Deerfield Beach to its list of more than 300 stores from coast to coast. Founded by the Boney family, longtime San Diego grocers with a focus on making fresh foods affordable, Sprouts includes a deli, butcher shop and fish market, along with an array of fresh produce, vitamins and supplements, bulk foods and more. (sprouts.com)

4 Lucky Seven

**Tap 42** Craft Kitchen & Bar’s seventh outpost, set to open in January 2020, will be located in the heart of **Coral Springs**. The nearly 5,000-square-foot location, with an inviting, covered patio area incorporating an indoor and outdoor bar, will feature its elevated gastropub fare under the culinary direction of executive chef Andrew Balick, handcrafted cocktails, a vast beer menu complete with seasonal offerings, and its signature weekend “Bottomless Brunch.” (tap42.com)

5 Earth Matters

Pembroke Pines’ two-story art gallery and exhibition hall, **The Frank**, is putting the big picture in perspective with “Art for the Earth: Artists on Climate Change.” The free multidisciplinary event (Oct. 17, 6-8 p.m.) will address climate issues and environmental conservation through play, a pop-up exhibition by visual artists Kim Heise and Lucinda Linderman, and readings by poets from the University of Miami’s *Sinking City* literary magazine. (thefrankgallery.org)

6 Bear Necessities

**The Baked Bear**, a California-based ice cream shop known for its inventive, monstrous ice cream sandwiches and homemade original recipes, has announced the opening of its first Florida location, coming to Sawgrass Mills in Sunrise this fall. Guests growling for something special can have their ice cream sandwiches rolled through colorful toppings ranging from Fruity Pebbles to Oreo Crumbles—or even order them “hot pressed.” Get ‘em before they melt! (thebakedbear.com)
Design to the Rescue
Oct. 11 (6:30-9 p.m.) is designed to be REMarkable. The American Society of Interior Designers Florida South will sponsor its seventh annual Red Shield REDesign Bash at The Galleria at Fort Lauderdale as the local design community rallies behind the Salvation Army of Broward's ongoing effort to help the homeless. The evening includes a fundraising auction of restored, redesigned and repurposed furniture and home accessories. (salvationarmyflorida.org/fortlauderdale/redesign)

Indoor Garden
Natufla Labs’ Kitchen Garden is a must-have for the modern kitchen; it allows indoor farming of not only your favorite edible plants and grasses, but also, peppers, bok choy, cherry tomatoes and almost any pod-sized vegetable—something no other hydroponic indoor garden on the market can claim. It’s fully automated, climate-controlled and operated by a touch screen. “There’s no more convenient way to have fresh ingredients at your fingertips, and it even plays soft music to help the plants grow,” says managing partner Mike Robertson of Oakland Park’s Fuse Specialty Appliances, the first store in Florida to carry the item. (fusespecialtyappliances.com)

Finger-licking Good
Etaru Las Olas Japanese Grill & Bar, the swankiest Japanese joint in town, has an iteration of an American classic that has us dropping our chopsticks and shouting “Arigato!” to the chef. Crispy, tantalizing and tender, Japanese fried chicken with yuzu kosho mayonnaise is a staple on the appetizer menu for $11, but you can snag it for less at Etaru’s happy hour, which takes place daily, 4:30 to 9 p.m. (etarurestaurant.us)

White Party
With the holidays on the horizon, there’s no better time to plan your corporate or social festive gathering. Fort Lauderdale’s Piazza Italia’s new Venetian Room, a private space appointed with a Chihuly-esque Murano glass chandelier, whitewashed stone walls, crisp linens and billowy white curtains, provides the perfect ambience for a sit-down dinner of up to 80 guests or a cocktail reception for up to 120. An attentive wait staff delivers executive chef Massimilano Lozzi’s tempting dishes and sommelier Antonio Callea’s skillful selections from the onsite wine cellar—all with white-glove service. (thepiazzaitalia.com)
The Great Pumpkin

Charlie Brown and the Peanuts Gang have nothing on the Boca Raton Pumpkin Patch Festival (bocopumpkinpatch.com), which returns to the Mizner Park Amphitheater on Oct. 19-20. The popular event features a variety of fun activities, including an enormous pumpkin patch, a carnival, a scarecrow dress-up village, and a food court with sweet and savory treats. The Festival's famous big sister—the Coconut Grove Pumpkin Patch Festival—has received national recognition in recent years from the likes of O, The Oprah Magazine and Travel & Leisure. Fort Lauderdale's Vanessa Goodis, the creative lead of Promo Moxie Marketing, which produces some of the region's largest events (including both pumpkin festivals), takes us inside the Patch.

What sparked your idea for the Pumpkin Patch Festival?
I've always loved all things pumpkin, and fall, but as a South Florida native I was never able to have that experience here at home. About 10 years ago, I was visiting a pumpkin patch in another state, and it occurred to me that I'm not alone in that affection for gorgeous family photo opportunities and the love of picking the perfect pumpkin. So, I decided to bring the season to life here for families to enjoy a wholesome and fun day at our festival.

What does the festival give us that “change of season” feeling?
While we can’t change the weather, we try our best to build an autumnal oasis complete with thousands of pumpkins in different shapes and sizes, several beautiful areas to capture the perfect fall photo, a cornstalk maze and even fall-themed bars for adults to enjoy a cold Sam Adams Octoberfest [beer] or Angry Orchard hard apple cider. We round out the experience with carnival rides for all ages to enjoy.

Peloton, the global interactive fitness platform that brings the energy and benefits of studio-style workouts to the comfort of your home, recently opened its fourth South Florida showroom at the The Shops at Merrick Park in Coral Gables. Both existing and prospective members can book test classes on the Peloton Bike and Peloton Tread, receive personalized tutorials, and learn more about the live studio experience that they can experience at home. (shopsatmerrickpark.com; onepeloton.com)

Palm Beach County’s only sanctioned collegiate postseason football game, the sixth annual Cheribundi Boca Raton Bowl, is Dec. 21 at FAU Stadium. But why wait until game day to enjoy the prebowl pageantry? Among the early festivities connected to the Boca Raton Bowl: a tailgate party on Oct. 17 at Palm Beach Outlets that benefits Spirit of Giving’s annual holiday drive; and a Great Chefs Tailgate Showcase at Renaissance Boca Raton Hotel on Nov. 5. (cheribundibocaratonbowl.com)

The 16th annual Go Pink Luncheon, a fundraiser for breast cancer research and treatment, will feature Ken Jeong—the actor, comedian and former physician whose wife was diagnosed with stage 3 breast cancer. Tickets for the event (Oct. 18 at Boca Raton Resort & Club) are $175 a person; proceeds will help fund important programs at Boca Raton Regional Hospital, including early detection and treatment initiatives. (donate.brrh.com/gopink)

Think Pink

Bowl Bound

Take a Spin
Fort Lauderdale artist Anthony Cordeiro didn’t let the bullies at school take away his power. Although his teenage peers called him a “pansy,” the late-bloomer didn’t understand the reference. As he shed his naiveté, “I found that was a little funny,” he recalls. “I wanted to take back that derogatory term and reclaim it.”

His solution? Paint an ongoing series of pansies in yellow and blue, pink and purple, juxtaposing the flowers’ curved petals and stamens with geometric patterns underneath. Pansies appear to burst off the canvas in full bloom.

The self-taught Cordeiro follows in the tradition of the 20th-century American colorists who see color in the context of every other shade on a palette; intensity and hue change depending on what’s bordering it. That’s why varying color-combinations of the same image can be so appealing to the eye—the more color, the more stimulation.

Andy Warhol’s “Ten Marilyns” from 1967 and his “Flowers” series from 1964 provided inspiration. “Andy Warhol was a big influence for me,” he says. “I loved his flower paintings. They were mesmerizing. It sparked me in this direction.”

Color field painting also constructs a metaphor for people; just as white can look more peach depending on the color scheme, friends bring out different qualities in us, says Cordeiro, who features a quote by Josef Albers on his site: “When you really understand that each color is changed by a changed environment, you eventually find that you have learned about life as well as about color.”

Cordeiro tag-teams the palette with order, first using a stencil to shape the pansies followed by thin layers of acrylic paint to generate brightness. He enables the viewer to sense the color’s fabric texture, leaving barely any brushstrokes visible.

The latest focus of the artist involves abstract geometry; in this sense he is learning from Frank Stella, the world-renown master who had his first solo show 60 years ago. Like Stella in his “Mitered Squares” series, Cordeiro uses bright color blocks organized by 90-degree and 45-degree angles to create the effect of a narrowing road and other illusions.

Whereas his pansies symbolized happiness and playfulness, Cordeiro says his geometric lavenders and blues are soft and muted. “The pastels negate the sharp edges, for an overall sense of peace.”

For more information, visit anthonycordeiro.com or @anthony.cordeiro on Instagram.

—Sally-Ann O’Dowd
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- Among the most-honored Cooper’s Hawk wines on the menu: pinot noir (42 wine competition awards), gewürztraminer (36), malbec (35) and barbera (34).
- The Camille Brave (2016), a zinfandel-heavy blend (with syrah and mourvèdre) that delights with red fruit flavors and spice, is the brainchild of Cooper’s Hawk’s master sommelier, Emily Wines, one of only 26 women in the Americas to earn that distinction.
- Happy hour, which runs 3-6 p.m. during the workweek, is available throughout the restaurant.
BIGGER AND BETTER: The 10th Florida location for the ever-expanding food and wine franchise is the largest Cooper’s Hawk yet, a 17,000-square-foot space at The Galleria that can accommodate up to 530 people. A sprawling Napa-inspired tasting room sets the experiential vibe; for $8, patrons can enjoy eight 1-ounce samples (which rotate each month) from the Cooper’s Hawk award-winning winery.

HERE’S THE BEEF: While the red wine-braised short ribs, bourbon-lacquered barbecue pork chops and chimichurri-rubbed skirt steak all draw raves, meat lovers shouldn’t miss the ginger soy-glazed New York strip. The restaurant uses a sealed vacuum tumbler that tenderizes and marinates the center cut to perfection, replicating a two-day process within 20 minutes.

BEST OF THE REST: There’s something for everyone on the foodie front, including chopped salads, pasta, chicken and seafood dishes, and a low-calorie menu. If there’s an agreed-upon favorite, it’s probably the gnocchi carbonara with chicken and sage peas in Parmesan garlic cream sauce (paired with Lux chardonnay)—although there’s plenty to be said for the fresh, creamy risotto offerings, including a shrimp and scallop mix with white truffle oil.
What’s in a Name?

IF YOU’RE LISABET SUMMA, IT’S A NAMESAKE RESTAURANT IN DELRAY BEACH—THE LATEST CHAPTER IN A TWO-DECADE JOURNEY WITH BIG TIME RESTAURANT GROUP

BY KEVIN KAMINSKI / IMAGES COURTESY OF CHRISTOPHER SUMMA, TBC MEDIA

It started with one of the random conversations that partner/corporate culinary director Lisabet Summa has enjoyed countless times with Big Time Restaurant Group partner/co-founder Todd Herbst. Summa was sharing the story behind a first name that’s been butchered much of her life, often as “Lisa Beth” or “Eliza Bet.”

Summa’s half-Italian father had a different name in mind for his daughter, but both parents eventually felt it would be too cumbersome for Americans to pronounce. Instead, they settled on an abbreviated version, Lisabet, “which,” Summa says, “nobody has ever heard of.”

Her father’s original idea? Elisabetta.

“After telling him the story, I remember noticing how the wheels in Todd’s head started turning,” Summa says.

And with good reason. Summa and chef Louie Bossi already had combined on one wildly successful Italian concept for Big Time—Louie Bossi’s (one in Fort Lauderdale, one in Boca Raton). Why not an extension of the brand, one with its own distinctive dining experience? Why not one with a scratch kitchen that makes its own desserts and slow-fermentation bread, one that creates upward of 15 pasta shapes? Why not reimagine a prime, two-story space along Restaurant Row in Delray Beach (the former 32 East on Atlantic Avenue) with the kind of wood beams, brick walls, and rustic, vintage and artful aesthetic details that deliver equal parts warmth and wow.

Why not call it Elisabetta’s?

“I’ve always felt that having an eponymous restaurant is the ultimate for a chef,” says Summa, who’s been with Big Time for more than 20 years. “I’ve just been beaming [since it opened in July]. I’m almost 60. For this to happen at this point in my career? I never imagined it.”

It couldn’t happen to a more engaging, respected and supportive culinary veteran, someone who loves grabbing a bowl of apples and a paring knife, settling in next to a new kitchen hire (often someone less than half her age who “doesn’t even know who Cat Stevens is”) and asking them to share their story.

“At this point in my life, the mentoring, the ability to make these connections with people, is the most rewarding thing about this career,” she says.

In working with Bossi (a chef partner at Elisabetta’s) on the 12th Big Time restaurant in the tri-county region (two Louie’s, five Rocco’s Tacos, City Cellar and Grease in West Palm Beach, City Oyster in Delray, and Big City Tavern in Fort Lauderdale), Summa says they wanted a through lane to the menu successes at Louie Bossi’s. At the same time, Summa decided to add more health-conscious dishes with a vegetable focus, as well as emphasize cuisine and ingredients from southern Italy.

Along the way, the menu at Elisabetta’s also takes occasional “creative license,” especially with its pasta dishes—such as the Mafaldine Amatriciana.
MAFALDINE AMATRICIANA,
THE BACK STORY: "There's a hierarchy of Roman pasta dishes, including carbonara, which is very popular right now," Summa says. "Carbonara [sauce] is made with egg. Amatriciana is like carbonara, but you replace the egg with tomato."

KEEP IT CLEAN: "Traditionally, amatriciana is made with bucatini, but I find that cumbersome to eat because it's a hollow pasta. It's messy, it flops around, and it gets your shirt dirty. Mafaldine, on the other hand, is a ruffled-edged wide noodle. So, it has a lot of mouth feel because of the shape."

PERSONALLY SPEAKING: "I love that big bite. I'm not a very dainty eater when it comes to pasta."

DOING IT HER WAY: "I try to match the sauce with the pasta. We look to stay true to the classics, but, to me, it's not as important to be authentic as it is to be good—and to do something that people will identify with. If it's different than the classic, it's not wrong. There's no pasta police walking through the restaurant."

MEAT OF THE MATTER: "This dish is made with pecorino Romano [cheese] and guanciale. Guanciale is a [house]-cured pork product—it's like pancetta [which is from the flank or belly], but this is from the jowl of the animal, which gives it a more distinctive flavor."

WORDS TO COOK BY: "This is one of my favorite sauces, and it exemplifies what's so great about so many Italian pasta dishes—the simplicity."
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Shauna Sweeney finds a balance that lends perspective to her adventures as a professional musician

BY KEVIN KAMINSKI / PHOTOGRAPHY BY EDUARDO SCHNEIDER

It's not that the question catches Shauna Sweeney by surprise. But in the same way that the auburn-haired singer/songwriter has been patient about the doors that have opened in her career, she's not about to rush an answer that perhaps says more about her as a person than as an artist.

So, she pauses for several beats when asked if the journey that's unfolded since Sweeney returned to South Florida in 2001—one that's seen her release more than 15 original songs, open for major rock acts and work steadily as a professional musician throughout the tri-county area—has been fulfilling. Or if part of her is disappointed, with 15 years invested, that she's not touring the country with a national following.

"I want both. And you can't have both," says Sweeney, 34, who lives in Margate. "You can't have the stability of sleeping in your own bed every night and also have a big career. That takes a level of sacrifice that I've never been 100 percent willing to give."

"The things that are most important to me are the things that I've sought out—love, family, friends, music and time in nature. Growing the career is something that I certainly work toward, but it's not more important to me than the other things on the list. ... It's OK to be happy with what you have."

In that sense, Sweeney has been living her best life since once again putting music front and center.

As early as age 8, she was writing lyrics and recording songs at an arts-rich elementary school (Wolcott) in West Hartford, Connecticut. After her parents separated, Sweeney moved with her mom to South Florida and attended Western High School in Davie. Within a year, Sweeney, by now proficient on guitar, was performing at open-mic nights. She later joined a band, Never Enough, and, at age 16, was playing gigs at local bars and coffee houses.

"It wasn't only an outlet at that time [given the move and the separation of her parents], but it allowed me to continue to find joy in my world," she says. "Being around music is the place where I've always been the most comfortable, the most like myself."

That realization hit Sweeney especially hard after she put music on the back burner while bunting from Emerson College in Boston to Stetson
University in DeLand, before leaving school and moving to Chicago for six months. (Note: She would later earn a degree at Broward College.)

By late 2003, Sweeney had a nagging feeling that something was missing in her life. Though she was dating someone at the time, she went alone to an open-mic night in the suburbs of Chicago and played three original songs.

“The people were so into it, so full of applause and encouragement,” she says. “I remember walking off the stage, and it was like I was walking on air. I understood for the first time what that expression meant. Over the course of a few weeks, I came to terms with what I had to do. I left my boyfriend, drove myself back to South Florida and arrived on my 20th birthday.”

Since then, Sweeney has rolled up her sleeves and spent the past decade-plus grabbing stage time wherever she could find it, building industry relationships, serving as her own promoter (even though she finds that “icky” at times) and waiting, sometimes for years, for opportunities on which she consistently has capitalized. It’s been a hard-earned musical career, one that’s come with its share of highlights.

She’s released four EPs (the last one, “Supposed,” in 2017), perfecting a vocal style along the way that has echoes of Sheryl Crow, Alanis Morissette and Jewel. She’s performed the “The Star-Spangled Banner” countless times at sporting events, and also sang for U.S. troops in 2011 at Guantanamo Bay. More recently, she opened for 10,000 Maniacs at Broward Center for the Performing Arts (April 2018) and the Gin Blossoms at Culture Room in Fort Lauderdale (March 2019).

Sweeney’s music even played a role in her love story. She met her future husband, Bryan, at the Kingshead Pub in Sunrise. Sweeney was hosting open-mic night there, which she still does most Tuesday nights at the neighborhood British bar. Bryan had just moved to South Florida from Los Angeles. He ended up buying one of her CDs that night.

“I should’ve suspected something when he came up two weeks later and bought another copy of the same CD,” Sweeney says. The couple, who have been together now for eight years, married in 2015.

These days, Sweeney’s local popularity and industry reputation as a consummate pro lands her steady gigs at venues like Blue Martini in Fort Lauderdale, Buddha Sky Bar in Delray Beach and Seminole Casino Coconut Creek. Though she does mostly solo shows, Sweeney works with a dozen different musicians that she can call on for performances with a full band.

“I do want to find more opportunities to play for larger audiences and collaborate with artists that I look up to,” Sweeney says. “But I wouldn’t trade those goals for a lot of the things that I’ve been able to have—like time with family and friends, and a more stable life here, which some artists have to give up when they reach certain levels of success.

“In some ways, I feel lucky to have been able to take it one step at a time, to play music throughout my life without making a serious sacrifice. And even luckier to do something that I love.”

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**LIGHT THE WAY**

As an elementary school student in Connecticut, Sweeney wrote and recorded three songs, including, “Some Day,” which featured the lyrics, “Soon I hope people of all colors will live together in harmony.” More than two decades later, she revisited that theme with the 2016 song, “Catch the Light,” about celebrating our unique qualities in an era of divisiveness.

*Every shade is perfectly made To help the others catch the light.*
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Gregory Hahn recalls the moment he realized that stand-up comedy was a craft worth pursuing. He had just seen a comedian perform at Rollins College, in Winter Park, where Hahn was going to school.

“I remember watching him and thinking, ‘This guy is the worst,’” Hahn says. “He bombed.”

After the show, however, he saw the comedian getting into a limousine with “a good-looking girlfriend” on his arm. Hahn later found out that the comedian was paid $10,000 for the gig.

“He gets up there and does that—and gets 10 grand?” Hahn remembers thinking. “Heck, I can do that.”

Indeed, he does. South Florida might not be New York or Los Angeles when it comes to the stand-up scene, but there are comedians like Hahn—who first took the stage in his hometown of Boca Raton and now lives and works full time in Los Angeles—who have strong ties to the area.

Some grow up here, get their start and move on; others find enough work to keep South Florida as a home base, performing in local comedy clubs, and picking up gigs on tour with more well-known comics.

Make no mistake, though. The business of being funny requires a serious commitment. There are no regular hours and no steady paychecks. Beginners struggle for stage time. Strangers heckle you. And you’re bound to fail in public. Stand-ups accept the pressure that comes with writing original jokes, working out material in front of a live audience and hoping to make enough people laugh to keep their dreams alive. As comedian Dane Cook once described it, “When you are doing stand-up comedy, you are the writer, producer, director and, sometimes, the bouncer.”

Three made-in-Florida comedians—Hahn, Francisco “Cisco” Duran and Lisa Corrao—share some insights into their respective stand-up journeys.

Going All In

It’s a common misconception that the high school class clown is the one that ends up being a natural in stand-up comedy. “Stand-up funny is way different than class-clown funny,” says Duran, of Miami.

Growing up in Hialeah, he was a popular kid whose goal was to have a good time. He admits he barely graduated from Barbara Goleman Senior High School in Miami Lakes because he was having too much fun. He had no plans to go to college, so he started working for UnitedHealthcare. By the time he decided to fully commit to stand-up six years ago, he was making $80,000. “On the side, I was doing stand-up and making $25,000,” Duran says. “I took the biggest pay cut of my life to become a

Three stand-up comedians with South Florida ties dish on what it takes to make people laugh for a living

STORY BY MICHELLE F. SOLOMON
LISA CORRAO PHOTOGRAPHY BY EDUARDO SCHNEIDER
SPECIAL THANKS TO SILVERBALL MUSEUM IN DELRAY BEACH
Duran first tried stand-up a decade ago. He got 60 people together to see him at the Miami Improv, then in Coconut Grove. The minute before he was supposed to go on stage to perform for five minutes, Duran didn’t feel like he was ready. “I told my girlfriend at the time that I was going to embarrass myself, and I didn’t want to go out there,” he recalls. “She said, ‘You’re here, and this is what you want to do.’” Duran went on stage and, when he got his first laugh, “Something took over my whole body. I never wanted to lose that feeling.”

Over the years, he says he’s learned that to be a touring comedian, humor has to relate to everyone. “I [recently] entertained a group of 100 older white men in Prescott, Arizona, and they laughed as hard as when I did a show in Wynwood for 100 young Hispanics,” he says.

Before he developed a style that would play everywhere, including stints on Comedy Central, Duran was known for his Miami-inspired comedy, based on his Dominican roots. “In the beginning, I only did jokes for Latin people. I was always the Hispanic comic,” Duran says. “Now, I’m not put in a category.”

His career took off six years ago when comedian Carlos Mencia asked Duran to accompany him on his tour. He continues to travel with Mencia, while doing his own shows. He’s now splitting his time between Miami and Los Angeles.

“Miami has made me a better comedian; the crowds aren’t easy here,” he says. “Miami is a great place to test out your material; even the best comedians have gotten booed down here.”

Making the Grade
Do audiences respond differently to female comics? Corrao says she’s had her share of inappropriate hecklers and drunken catcalls, but the former sixth-grade teacher at Silver Lakes Middle School in Pompano Beach treats those people with the same kid gloves she did her students.

“You’re the one holding the microphone,” she says. “You’re the one with the spotlight on you. You have to show confidence and not let it shake you.”

It was confidence that got Corrao discovered after publicly performing only three times. She was doing jokes on stage at the Fort Lauderdale Improv, then part of the Seminole Hard Rock Hotel & Casino complex. Scouts from Nickelodeon were in the audience searching for comedians in 2005 for “Funniest Mom in America,” airing on Nick at Nite. Some of her jokes were about being a mom and some were about being a teacher.

“It was a dramatic start to comedy,” she says. “They flew me to New York, and I was playing these big clubs, and they were filming. I got addicted to the feeling of being on stage.”

After that experience, Corrao said she couldn’t go back to teaching. “I always secretly wanted to try stand-up,” she says. “My dad would keep my brothers and me up late. Mom would go to bed, and we’d watch the late-night talk shows and the comedians. Comedy was always a cool thing in my family.”

Still, giving up the job for which she went to college—not to mention the steady paycheck, health benefits and stability that came with it—was a difficult choice for Corrao, who’s a single mother. “But I always wanted a lifestyle that was more unpredictable.”

She’s certainly found it. Corrao has been a full-time stand-up comedian for 14 years. She spent about five of those years in New York and Los Angeles, while coming back to Florida on weekends to be with her daughter, who is now 17. When she reached the point where she could “do her comedy from anywhere,” Corrao made Pompano Beach her home base.

“I don’t have to be anywhere but here—I go on the road, do corporate gigs, do commercials,” says Corrao, who also makes
money writing for other comedians. Another opportunity made her a familiar face around South Florida when she became the commercial spokesperson for Festival Flea Market. “The owners specifically wanted a female stand-up comic. They heard about me, and we hit it off,” she says. “I did those commercials for eight years.”

She also was cast in a television series—and didn’t have to leave town to do it, appearing as Ramona in eight episodes of the Nickelodeon show “Every Witch Way.”

“People in L.A. and in New York would kill for that, but I was able to shoot it right here in Florida,” she says. From that character, she’s made a side gig out of appearing at comic book conventions. “I do a booth where fans get to meet the character I played on the show, and then, at night, I perform stand-up.”

She says her goals have shifted since being a finalist on “World’s Funniest Mom” more than a decade ago.

“So I want to be rich and famous, or do I want to be a stand-up comic? I’ve worked with my favorite comedians [the day of this interview, she had just been booked to open for comedian Patton Oswalt in Charlotte, North Carolina], and I feel like I’ve done so much. I have adventures, I travel, I have experiences I would have never had as a teacher.

“And my job is to make people laugh.”

Despite learning that the “comedian” pocketed $10,000 for his awful performance at Rollins College, Hahn didn’t make a beeline for the nearest stage. After college, he joined the Marine Corps and then got a job with a defense contracting corporation in Nashua, New Hampshire.

However, he couldn’t shake the stand-up idea. “So, I decided to leave the corporate job and come back to South Florida to do comedy,” he says. “I just went for it.” Hahn was 28, a late bloomer by stand-up standards.

Like most comics, he started out at open-mic nights, where anyone can show up at the club, put their name on a list, and get some stage time. A typical comedy show setup is made up of an emcee, who does some original jokes and introduces the other performers, then there are the feature acts who warm up the crowd for the headliner.

Hahn says he spent years doing open-mic shows at clubs around
Catch Them Live

Lisa Corrao (lisacorraro.com) will be at Coral Springs Center for the Arts’ Level 3 Lounge (2855 Coral Springs Drive) on Nov. 19. Visit thecentercs.com for ticket info.

Greg Hahn (greghahn.com) returns home to perform at the Boca Black Box (8221 Glades Road) on Nov. 30. Call 561.483.9036 for tickets and information. Visit ciscoduran.com for details about his upcoming shows.

Styles

LISA’S COMEDY
Corrao describes her comedy as clever and vulnerable with an edginess that sneaks up on you. “Once a heckler yelled at me to shake my moneymaker,” she says. “I thought about it for a moment and shook the microphone.”

GREG’S COMEDY
Hahn’s stage persona is beyond high energy and full of physicality. He’s a caffeinated spark plug with a set that’s filled “with 80 million jokes.” In his early days, he says, going from one fleabag room to another was commonplace. “I was renting a room for 50 bucks in Orlando from a lady with emphysema and a chihuahua that was missing a lot of teeth—the lady, not the chihuahua.”

FRANCISCO’S COMEDY
One of Duran’s Twitter hashtags is #fatsexsymbol. He’s known for his self-deprecating humor. “I thought about getting my belly button pierced, but I haven’t found anyone who can make a custom platinum hula hoop.”

town, most of them now shuttered: Uncle Funny’s on State Road 84 in Davie, Hilarities and the Comedy Corner in West Palm Beach. Then he moved to Orlando and drove his car “all over the country” performing wherever he could. “My first paying gig? It was with Billy Gardell, who later went on to do TV’s ‘Mike & Molly.’ I did a show with him in Tallahassee. He made $500, I made $50.”

After a series of what he calls career snowballs, including a recommendation from Louis C.K., Hahn moved from Orlando, where he was performing in a stunt show at Universal Studios, to Los Angeles. He now makes “a great living” performing comedy for hire at corporate functions. He also appears as a featured guest on the syndicated “Bob & Tom Radio Show,” touring with them for live shows. He’s been on Conan O’Brien and still plays comedy clubs.

“When I started out, I knew I had the ingredients,” Hahn says. “I could write jokes, get in front of people, say something, go back and adjust it. If it didn’t work, I’d rewrite it and go back onstage and try it again.”

The secret, he says, is to just keep showing up. “When I would bomb, I would just sit in my car and wonder what happened? Then I’d show up again. I never quit. You always bomb here and there. But over time you start to have fewer bombs and more great outings.”
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I’ve always participated in any protest that deals with elevating social consciousness.

Meet four creative talents who use their respective disciplines to challenge norms, spotlight injustices and elevate social consciousness.

Art That Advocates

Meet four creative talents who use their respective disciplines to challenge norms, spotlight injustices and elevate social consciousness.

Story by Sally Ann O’Dowd

Daughtry: Photography by Eduardo Schneider
Darius V. Daughtry
Poet; founder of Art Prevails Project
Think back to when you were 5: You might have been able to walk safely to school, unaccompanied by your parents; perhaps you were free to run around the neighborhood or play in the backyard until Mom called you home.

Darius V. Daughtry also has memories from that time. One is seared into his mind. He had gone with teenagers to an empty house two doors from his grandmother’s. Like many adolescents, the kids wanted to exercise their independence and play music. Going inside for a few hours seemed harmless. That is, until the Fort Lauderdale police came and rounded them up.

“The handcuffs were too big for my wrists, and they called me a little [racist expletive] for doing nothing,” recalls Daughtry, a teacher, writer and advocate for social justice. “It was kids hanging out. In America, it’s OK unless those kids are black, unless they are poor, or [part of] the Latinx community. Certain groups are criminalized for otherwise normal behaviors.”

The more he’s seen and experienced over the years, the more he’s convinced that American systems—capitalism, the courts, democracy—work for white people, who created them on the backs of slave labor. These injustices transform into free verse in his first book of poetry, And the Walls Came Tumbling, published earlier this year by Omiokun Books.

When he unveiled the book in January, he held a party in the Project Space in FATVillage. Tall, broad and full of smiles, he diffused his energy across the warehouse as he danced onto the stage to Marvin Gaye’s “Got to Give It Up.” People moved and sang to celebrate his achievement.

But he and the audience also were there to celebrate a triumph of a more-existential kind. As a black man, he has survived arrests and harassment. He sat on the stage to read poems to his niece and nephew, reminding them life isn’t fair, it’s dangerous, but they are beautiful.

The rawness of his words, their pristine placement on the page, speak to high art that emerges from his own trauma as much as it does the album on which “Got to Give It Up” appears.

“[Gaye] is lamenting the experiences, the sorrows and violence that exist in inner-city communities, the violence during the [Vietnam] War … drug use and environmental devastation,” says Daughtry about the 1971 album “What’s Going On.”

“He’s a man known as a soulful, sexy singer, but he’s saying, ‘I am an artist making great experimental things, but I’m going to stand up and sing about things that really matter.’ My charge as an artist is to shed some light on some [expletive].”

So profound are the poet’s connections to the musician, that he jokes about being his son. Spiritually, it certainly seems that Daughtry is a living legacy. As founder and executive director of Art Prevails Project, a nonprofit partly funded
by the Broward County Cultural Division, he provides numerous storytelling opportunities for people of color. “The Happening: A Theatrical Mixtape” is a multidisciplinary theatrical performance rooted in social issues such as misogyny and daily violence in poor communities. “Speak No Evil” is Daughtry’s short play centering on a dystopian reality where freedom of expression has been outlawed—“which was kind of scary with how real that was,” he says in reference to President Donald Trump’s demonization of professional journalists and critics.

Daughtry also points to the president’s remarks that there were some “nice people” among the white nationalists carrying torches at the deadly 2017 “Unite the Right” rally in Charlottesville, Virginia.

“If you don’t react, I can’t tell the difference. In my book, you are them,” he says. “You might not punch me in the face and call me a monkey, but if a person does and you keep walking by and act like it didn’t happen, you might as well have punched me in the face and called me a monkey. I see you as the same ilk.”

Visit dariusdaughtry.com for more of Daughtry’s work. He will be reading from his book in late November at the Miami Book Fair; check out miamibookfair.com for the date and details.

Multimedia artist Sibel Kocabasi is sitting in the living room of her Lake Worth home and studio; over a gracious setting of hors d’oeuvres, Turkish coffee and rosé, she shares her commitment to human rights. Born and raised in Turkey, she has a deeper understanding of the Syrian refugee crisis. Turkey has about 3.6 million registered refugees, more than any other country.

One account, in particular, shocked her into making things.

In early 2016, media organizations in Turkey, the U.S. and Britain were reporting that a Turkish company was trying to make a quick buck from refugees needing life vests for voyages to Europe. Filled with sponge, the company’s fake vests led to drownings in the Aegean Sea.

“People fleeing Syria through Turkey sank and died. Can you imagine?” Kocabasi says. “When I read the news, I sat stunned in front of the computer.”

The result of her outrage is “Refugee Creases,” a series of multimedia works whose title is a play on the word “crises.”
Abstract faces of lifeless women with black hijabs are surrounded by creased gold-colored emergency blankets that look “broken and deformed,” she says. For an installation in FATVillage, she made a lifesize figure covered in life vests that hangs from the ceiling; then she filmed it waving hauntingly in the breeze.

Her Turkish roots also inform her feminist works. Growing up Muslim, she was accustomed to seeing women in burkas and hijabs, although she never wore the coverings herself. While it was male religious leaders who made the rules, Kocabasi believes women, too, are complicit. “I saw women in the streets of Istanbul totally covered up with a burka and holding placards, wailing that the burka is freedom for women,” she says.

“If a disaster happens, you’re not going to think that the person is black or white or blue or green … That will all disappear in the survival mode. And we will hold each other.”

She is steadily emerging from themes related to her homeland, finding them too personal. In her desire to move on, Kocabasi began exploring projects related to the environment—climate change, sea-level rise and pollution.

“If a disaster happens, you’re not going to think that the person is black or white or blue or green, or that this is female, or whether hair is showing or not,” Kocabasi says. “That will all disappear in the survival mode. And we will hold each other. I think that’s where we might increase the compassion in the world.”

Visit sibellkocabasi.com for more of Kocabasi’s work.
“I’ve always participated in any protest that deals with elevating social consciousness.”
Like an epic novel, the visual stories of Rolando Chang Barrero traverse time and back again. They require heroes ready to confront the toughest of challenges across the generations.

In his last year at Southwest Miami Senior High School, in 1990, he created graphic T-shirts to raise awareness about heroin addiction, urban wear that would be just as relevant today amid the opioids flooding towns and cities. At the height of the 1990s AIDS crisis, the multimedia and performance artist designed banners and props for New York City marches with ACT UP. He’s resurrecting his fashion shows to protest U.S. Immigration and Customs Enforcement policies.

His crusade against gun violence includes large installations of body bags (opposite page) to honor young victims of mass shootings. This summer, he exhibited in FATVillage adjacent to Manuel Oliver, whose son Joaquin was killed during the 2018 shooting at Marjory Stoneman Douglas High School in Parkland.

“All my work has always concentrated on having a cultural context,” says Barrero, who earned a bachelor’s degree in fine arts from the School of the Art Institute of Chicago. “It’s more like a page of a diary where the themes change based on current events, and I document my thoughts, my responses, to the life I’m exposed to. Everything comes firsthand.”

His current work focuses on the idea that American democracy was built by and for white people. To that end, Barrero is teaming up with fellow SAIC alum Sonia Baez-Hernandez to curate “CONstitutionX: Our Human Rights.” It is a “con” to believe the U.S. government has evolved to serve the needs of a diverse public, says Barrero, an ethnic mix of Chinese, Cuban, African Hispanic and American Indian.

“The Constitution does not pertain to us,” he says, noting his show comes from a “personal perspective because all these things affect me and people like me.”

Barrero and Baez-Hernandez have invited more than 10 female and male artists to participate from Puerto Rico and Spanish-speaking countries, including Mexico, Cuba and Venezuela. They are dissecting the issues of racism and immigration through visual art, theatrical performances, open forums and video. The run dates also carry political significance.

The show began Sept. 28 at Barrero’s West Palm Beach gallery to mark the day in 1787 when the Confederation Congress sent a new constitution to the states for ratification, thus replacing the Articles of Confederation and strengthening the federal government. The show closes Nov. 6 to honor Abraham Lincoln’s 1860 presidential election.

Barrero’s social activism is a commentary on the evolution of power. “The idea of incarcerating ethnic groups is not foreign to this country and not a new development,” he says, recalling his trips to the immigrant detention center in Homestead.

A full appreciation of this extensive show requires historical knowledge, especially concerning the Southern border itself. A couple of centuries ago, who was “legal” and who wasn’t could change based on treaties and wars. Indeed, Mexico ceded Arizona, California, western Colorado, New Mexico, Nevada, and Texas to the United States with the signing of the Treaty of Guadalupe Hidalgo, which ended the Mexican-American War in 1848. “I have identified the myth of America. Everything we assume is American was appropriated,” he says.

For the show’s finale, Barrero is borrowing from his AIDS-era repertoire. The Fabulous Fascist Fashion Show features teenage girls in quinceañera dresses who will walk the runway holding protest signs: “I don’t belong in a cage. I should be celebrating my 15th birthday.”

As disturbing as those images might be, Barrero is not a cynic. Future generations are not necessarily doomed to fight villains who judge people by color.

“While most of us seem convinced that we are stepping backwards, we are actually skyrocketing within the context of getting to know each other,” he says. “If you look at history, we’re advancing because these issues are becoming part of our daily discussions. Getting to resolve means breaking the ice and talking about it.”

Visit theboxgallery.info for more of Barrero’s work.
Niki Lopez
Multidisciplinary artist; founder of the “What’s Your Elephant” arts movement
Drawing saved Niki Lopez.

When she was 11, her mother joined the Brooklyn-based United Nuwaubian Nation of Moors cult, becoming one of the secluded wives of sexual predator-leader Dwight D. York. Niki went with the preteens; her 2-year-old sister was holed up with the toddlers; her brother, just 6 months old, would never know the concept of family.

“It was like an orphanage setting,” says the multidisciplinary visual artist (pictured above, left). “Being abandoned, I’m with a whole bunch of kids. I didn’t want to be there; I wasn’t being heard. I would draw. Some of my earlier paintings would be an eye crying in the ocean.”

After being transported in the 1990s to a new complex in Georgia, Lopez and hundreds of other children and teens continued to be beaten and raped. She escaped at 25 without a high school diploma.

Somehow, from deep within, she found the fortitude to tell authorities and testify in court, resulting in York’s 2004 prosecution and 135-year prison sentence. For her valor she received the 2004 FBI Louis E. Peters Memorial Award. She then earned her high school graduation equivalency diploma and, later, a bachelor’s degree in graphic design and desktop publishing from the Art Institute of Fort Lauderdale.

In 2008 she became one of the original resident members of the Sailboat Bend Artist Lofts in Fort Lauderdale, home to the 1310 Gallery, where she recently exhibited “Feral Femininity.” The photographic collaboration with fellow artist Nikki Savaira, aka Detourbutterfly, casts the female form in its most independent sense to own “our space, our divine feminine, raw, feral energy and power,” Lopez says.

Of her many contributions to the South Florida community is “What’s Your Elephant—Creative Conversations about the Unknown,” a multidimensional program empowering children and adults of color to speak up. “I use the arts to create safe spaces to talk about anything unspoken. Some of the elephants we have are because of shame; we’re isolated,” she says. “But when I say what I went through, we take away the stigmas.”

From the gallery to public school classrooms, she ties her What’s Your Elephant workshops to Black Lives Matter and other causes. As part of her program, she asks each participant to make a collage representing a struggle—racism and injustice, abuse, drugs, violence, depression, relatives in jail.

Her life continues to fascinate the public while her multimedia creations demand visceral reaction. Last summer, as People was airing a documentary on the cult for the Investigation Discovery cable channel, Lopez was producing “Caressed,” a short film projected onto a mattress for public forums. A camera zooms in on her as she moves her hands across her body, which she binds with thread. She recalls York’s scent of baby oil and sinister laugh when he tortured her. A high-pitched sound—like a ringing in the air—plays in the background.

As her art matures, so do her metaphors.

The acrylic painting “Olokun” builds on the story of a mythological African deity who kept slaves safe as they were transported to America. Shackled hands emerge from a universe of red blood to hold a baby wrapped in green. Surrounded by stars and the sea, the newborn rests peacefully in the slave’s hands.

Her shackles have fallen; she is born free.

Visit nikiartstudio.com for more of Lopez’s work.

“The scent of his skin. Sometimes I was indifferent to it, and sometimes it just made me a little repulsed, and I instantly escaped into this place of darkness in my mind.”

—From the short film, “Caressed”
Though numbers only begin the tell the story of Kelley Shanley’s tenure at Broward Center for the Performing Arts, they’re also impossible to ignore.

During his decadelong run as president and CEO (he’s celebrating 20 years overall), the Coral Springs resident has been involved in two major capital campaigns. A $60 million effort, completed in 2014, transformed the Broward Center’s theaters and campus, solidifying its standing as one of the most forward-thinking performing arts entities in the nation—one that delivers some 700 performances a year and an economic boost to South Florida estimated at $130 million.

Currently, Shanley is overseeing a $27 million renovation of Parker Playhouse, the historic Fort Lauderdale theater that’s one of three venues now managed by Broward Center (Aventura Arts & Cultural Center and the Miniaci Performing Arts Center at Nova Southeastern University are the others).

But, as always, there’s more to what’s happening at Broward Center and its affiliated venues than meets the eye. From one of the iconic red upholstered seats inside an empty Parker Playhouse, Shanley spoke with Lifestyle about everything from the Center’s innovative education initiatives to the next generation of arts enthusiasts.

Why are entities like Broward Center and Parker Playhouse important to the Greater Fort Lauderdale area?

We’re one of the top 10 performing arts theaters in the nation in terms of attendance. If we’re generating that much activity, we’re having a positive effect on the local economy.

As a pure economic driver, when [locals] are coming to shows, they’re almost always spending money at restaurants as part of their evening out. We also attract people from outside the city and county, and even outside the state—anywhere from 15 to 20 percent of people purchasing tickets at the Broward Center have come from a ZIP code outside the tri-county area.

Another aspect of economic impact: When a company is looking to relocate, access to arts activities is part of what they’re looking to have for their employees. A performing arts center like ours is going to be an important driver in that conversation.

Does the economic impact that your facilities have on South Florida give you a platform to advocate for the arts throughout the region? And do you use it?

During the last state budget cycle, the case we were making was...
that Florida was 48th in arts funding. Is there some reason why we're uniquely qualified to not fund the arts around here? Is there another funding source? Do we think that art is not important when, clearly, 47 other states think it's more important than we do?

There's no reason why we should be 48th. We need that funding.

I gave that speech at Broward Workshop. To that group, in particular, the notion that we're 48th in anything doesn't make a lot of sense.

The other thing I said to them is that, as business owners, if you want results, you put resources against it. You don't just say, I hope this will happen. You say, I need to achieve this result, and I'm going to put proportionate, necessary resources against that to achieve the outcome.

Why was the Parker worth a $27 million renovation investment?

Parker Playhouse was built in 1967. Through its 50-plus-year history, there's never been a major capital investment project to replace and update everything in the building. So, it's in need of a comprehensive reinvestment.

We've been managing the building for about 14 years. And it's become a valuable asset for how we deliver on our mission to the community. Broward Center and its two main theaters are really operating at full capacity. Here's the Parker, with a seating capacity of 1,100—which fits nicely between the Amaturo (600) and Au-Rene (2,600) seating capacities at Broward Center.

The Parker also helps us to deliver on our education program, the largest free arts education program in the country. We get more than 100,000 students a year into our theaters to experience performances on stage that are tied to curriculum in the classroom, and the Parker has become an important part of delivering on that. Anywhere from 30,000 to 40,000 students have participated in a program here in recent years as part of Broward Center's education partnership with Broward County Public Schools. …

There's no other venue that has this kind of history with the community. All of it seemed worth preserving.

Speaking of arts education: Why have those programs disappeared from so many K-12 curricula—and what can be done to re-emphasize the importance of the arts when it comes to education?

I think because the arts have done a poor job of conveying the value of art in a school. I also don't think we've done the best job of fully integrating art into the educational experience in schools.

One way that we're seeing that work effectively is the Turnaround Arts program that we do with the Kennedy Center here in Broward County. This started with President Obama's Committee on Arts and Humanities; they developed this program that was focused on using arts to turn around failing schools. They'd make investments in arts teachers, instruments and supplies, and boost the traditional notion of arts programs in schools.

We're taking the [initiative] a step further. We provide teaching artists who come in and work with the schoolteachers on how they can integrate art right into the classroom. We also team up each school with a celebrity artist—Broadway stars, opera singers, professional artists—and they'll work with the school on various projects. This speaks to using art to create a more engaged and memorable learning experience. If you can bring the classroom alive with art and deliver a curriculum in a more-effective manner, things are going to move in the right direction.

The data we're seeing after the first few years is that the Turnaround Arts program is outperforming all other Turnaround programs for failing schools across the country. Here in Broward County, we saw a couple of our schools go from F schools to B schools. This year, we have seven schools involved.

What are the challenges when it comes to cultivating future generations that are as passionate about the arts as those supporting the Broward Center now?

Certainly, there is always a lot of talk in the performing arts industry about generational relevance. Much of that is centered around specific art forms—particularly, symphony, opera and ballet. Everyone is concerned about the downward trend of audiences for traditional art forms.

While I share that concern, this isn't about the next generation not being engaged in art. The art just looks different. But art is alive and well for this new generation of students and millennials. In some ways, you might argue that art has never been healthier and more a part of a generation.

Some would theorize that this is a phenomenon that
started with the post-World War II economy, which is the first time that young people had jobs and their own money—and therefore their own influence over the art they would consume. This led to rock n’ roll, which took that generation away from the art forms that may have been handed down in the past. Now, you’re seeing that last generation of people that actually had an art form passed down, plus fewer people finding traditional art forms. That’s creating a decline in those audiences.

In the meantime, people are finding other ways of expressing themselves through art. There’s an art economy out there. There’s engagement.

As performing arts centers, we do have concern about this next incarnation of art as far as if it will translate into something that can be done in a theater like ours. One thing that has kept the Broward Center running strong, and continues to have generational relevance, is Broadway, which reinvents itself every year with new artists creating new products. “Hamilton” is the best recent example of something that opened Broadway to a new generation of audiences. [Lin-Manuel Miranda, who wrote the book and score] cast a broad net for relevance, and it’s showing up in the numbers.

Of all the hats you have to wear, which one is most challenging?
I think the most challenging part of what I do—and I’ve been doing a lot of it, because we’ve been in capital campaigns for eight of the past 10 years—is continuing to build support for the organization. When you do that, you have to find a way to convey the value that we bring to the community—and find the people who care that we deliver that value.

I think I have a good story to tell. But I don’t always have the most receptive audience. The challenge is to connect with that audience, help them understand what we do, and connect it to what they do and why it’s important to them. With the help of so many in the organization, we’ve clearly been able to do that.

WHAT’S NEW AT THE PARKER?
The $27 million renovation taking place at Parker Playhouse in stages over the next few seasons promises to revitalize a facility that opened its doors in 1967 while preserving its original charm. To that end, expect the sea of red continental seating that people identify with the theater—but with new and more comfortable seats.

The most noticeable upgrade will be the reimagined main lobby. Also in the works: private donor and premium lounges, an updated bar area and new hospitality stations. Behind the scenes, the Parker will upgrade the rigging, sound and light systems with state-of-the-art technology.

“There won’t be anything that hasn’t been retouched or updated,” Shanley says. “We want it to feel fresh for its next 50 years.”

The revisions are expected to be finished by winter 2020.
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